

Angela Calvey, LICSW

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Education

Boston University, School of Social Work, Boston, MA

Masters in Social Work, September 2018

- Clinical Advanced Standing
- Interned 24 hours a week
- *Course Highlights:* Cognitive Behavioral Therapy, Psychodynamic Therapy with Adults, Adult Psychopathology, Clinical Practice with Groups, Clinical Practice with Individuals, Clinical Practice with Children, Clinical Practice with Families & Racial Justice

Syracuse University, David Falk College of Sports & Human Dynamics, Syracuse, NY

B.S., Social Work, May 2017

- Dean's List
 - Syracuse University Chapter of the National Council of Collegiate Scholars
 - *Course Highlights:* Strategies of Social Work Intervention, Human Diversity in Social Context, Persons in Social Context, Social & Adolescent Psychology, & Family Development
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Experience

Clearview Horizons, OCD/anxiety Specialty Practice, Andover, MA

Licensed Independent Clinical Social Worker, April 2021 - Present

- Provide therapy services to children, adolescents, and adults
- Specialize in working with clients struggling with OCD, anxiety, perfectionism, and/or depression
- Therapy approaches: Exposure and response prevention (ERP), Acceptance and Commit Therapy (ACT), Compassion-Focused Therapy (CFT), Cognitive Behavioral Therapy (CBT)

Edinburg Center, Adult Community Clinical Services, Bedford, MA

Licensed Clinician, May 2019 – May 2021

- Collaboratively works on an integrated team to support individuals with severe mental health symptoms to live successfully in the community
- Clinician for 30 client caseload, responsible for engagement, assessment, writing and implementing treatment plans, and risk prevention/mitigation
- Works with client's family, friends and providers to best meet client's assessed needs
- Participates in weekly risk management to make proactive plans to managing and mitigate high risk behaviors in the community
- Part of clinical on call rotation to provide off hours emergency coverage

- Oversees clinical treatment at DMH Group Living Environment with a dual diagnosis focus for individuals that spent 2+ years at the state hospital
- Advocate to state and local agencies in collaboration with clients to support equitable access to resources

South Bay Community Services, Mental Health Services, Malden, MA

Staff Therapist, September 2018 - May 2019

- Led individual, family and couple sessions using psychodynamic, cognitive behavioral, play and strength based frameworks
- Case Management: collaborated referrals & providers to cover gaps in care
- Participated in multidisciplinary teams to for case consultation
- Utilized professional development with individual supervision

Wellmet Project, Inc., Somerville, MA

Live-in Residential Counselor, June 2017 - June 2019

Human Rights Officer, August 2018 - June 2019

- Worked as a counselor and human rights officer within a house of twelve residents with mental health struggles
- Managed human rights grievances
- Provided individual therapy to residents
- Planned and facilitated the milieu
- Monitored, documented and assisted with residents during shifts
- Partnered with residents preparing family style meals
- Managed acute psychiatric episodes
- Documented shift notes, as well as, monthly and quarterly progress notes
- Instituted curfew checks, med checks, breathalyzer tests and drug tests

The Edinburg Center, Opportunities Psychiatric Day Treatment Program, Bedford, MA

Clinical Practicum, September 2017 – July 2018

- Worked within a team environment of a program serving sixty clients with a mental health conditions, including co-occurring substance use or intellectual/development disabilities
- Had a client caseload for treatment coordination
- Recorded and documented weekly progress and IAPs in a timely manner
- Planned, co-facilitated/facilitated and processed group therapy
- Engaged and assisted with clients in the prevocational café
- Managed the milieu by engagement, de-escalation, and therapy-based interventions
- Compiled intakes and orientation tours to potential clients

Rescue Mission Alliance, Emergency Shelter, Syracuse, NY

Field Practicum, 2016- 2017 school year

- Case managed shelter clients documenting weekly progress
- Implemented the Emergency Action Plan for overdoses and other emergencies
- Completed intakes, Housing Urban Development assessments and monitored the Day Center
- Created weekly apartment availability listings for clients
- Collaborated with other agencies in the community on behalf of clients
- Assisted clients in completing Public Assistance and apartment applications

Dress for Success, Employment Readiness Program, Cleveland, OH
Student Intern, Summer 2016

- Coached interview techniques in mock interviews
- Counseled clients in email etiquette, completing job applications and designed handouts of local job postings
- Assisted in preparing, orchestrating, co-facilitating and following up weekly training

Certifications & Trainings

- MGH Cognitive Behavioral Therapy for Obsessive Compulsive Disorder: An Introductory Course
 - Screening, Brief Intervention and Referral to Treatment (SBIRT) Training
 - Narcan Administration
 - Motivational Interviewing
 - CPR, AED, First Aid
 - DPPC Mandated Reporter Training
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