# MELISSA M GURNEY MSN APRN FNP-C

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## Experience

09/2021 - Current Clearview Horizons Andover, MA	<ul> <li>Nurse Practitioner</li> <li>Work with clients to provide psychopharmacological care within an outpatient mental health setting</li> <li>Provide medication recommendation(s) based on client's current challenge areas and treatment goals – such as starting, maintaining, or tapering off medication(s)</li> <li>Upon receiving client consent, collaborate with client's treatment team (such as therapist) to provide holistic client care</li> <li>Offer Consultation appointments for individuals who are seeking a second opinion regarding their current medication plan</li> </ul>
• 06/2020 - 09/2021 HealthDrive Framingham, MA	<ul> <li>Nurse Practitioner</li> <li>Provided initial evaluation intakes and follow-up care for patients</li> <li>Performed mental health exams, recommended and evaluated medications as well as lab tests</li> <li>Answered patient and family questions to educate on optimal treatment options</li> <li>Collaborated with LICSW colleague to develop a tailored plan of care for each patient</li> <li>Worked closely with house medical team and nursing staff to ensure effective mental health care, while maintaining patient safety and dignity</li> <li>Completed legal work including Med certs for legal guardianship and conservatorship, and Rogers initial and renewal treatment plans</li> <li>Competent with multiple tools to assess for cognitive capacity</li> <li>Oriented new NP hire to facility</li> </ul>
• 05/2016 - Current Lawrence General Hospital Lawrence, MA	<ul> <li>Registered Nurse</li> <li>Registered nurse in Surgical Day Care and the Post Anesthesia Care Unit (PACU)</li> <li>Responsible for ensuring high quality and efficient care of each patient across the peri-anesthesia spectrum, including pre-op and post-op</li> <li>Duties also include charge nurse role and precepting of new employees</li> <li>Participated on task force committee for new surgical center</li> <li>Collaborated with peers and management to ensure a safe and smooth transition for employees and patients into the new building</li> <li>Worked in dedicated Covid ICU during 2020 pandemic</li> </ul>

07/2007 - 05/2016	Registered Nurse	
Lahey Hospital &	<ul> <li>Registered nurse in an Ambulatory Surgery unit</li> </ul>	
Medical Center	<ul> <li>Cared for patients across the surgical spectrum, including pre-operative/ post-operative,</li> </ul>	
Burlington, MA.	interventional, and neuro-interventional radiology patient populations	
	<ul> <li>Gained experience in the charge nurse role: responsible for insuring and maintaining patient flow, as well as overseeing staff nurse assignments</li> </ul>	
	<ul> <li>Acted as peer resource and preceptor</li> </ul>	
	<ul> <li>Collaborated with multidisciplinary services, including the pre-operative center, operating room, and the main PACU, to deliver the safest and highest quality care to patients</li> </ul>	
	<ul> <li>Participated in unit -based projects and peer review</li> </ul>	
	<ul> <li>Part of a team that created and implemented a newly designed pre-op checklist for floor staff nurses</li> </ul>	
	<ul> <li>Mentored a UMass Lowell nursing school student for her senior preceptorship</li> </ul>	
	<ul> <li>Engaged in research and its integration into practice, specifically intraoperative music therapy, and its effect on patient pain scores in the recovery room</li> </ul>	
	<ul> <li>Registered nurse in Pre-operative Center: was responsible for conducting health assessments on pre-surgical patients and determining whether to involve anesthesia and/or surgeon based on the interpretation of the patient's pre-op testing</li> </ul>	
07/2004 - 07/2007	Registered Nurse	
Lahey Hospital and	Registered nurse on a neuro-telemetry floor	
Medical Center Burlington, MA	<ul> <li>Charge Nurse: attended bed board meetings with nursing supervisors and other charge nurses to coordinate patient admission and flow</li> </ul>	
	<ul> <li>Served as a resource to peers and developed staff assignments</li> </ul>	
	<ul> <li>Trained and mentored new RNs on best practices, hospital policies and standards of care</li> <li>Conducted patient assessments and diagnostic tests to provide physician with important patient</li> </ul>	
	health information used to create focused treatment plans and manage ongoing care	
Education and Training		

• 08/2019 Weston, MA	<ul> <li>Master of Science in Family Nurse Practitioner</li> <li>Regis College <ul> <li>Cum laude graduate</li> <li>Research proposal: The Effects of Intra-operative Music Therapy on Patient Pain Reports in the Post Anesthesia Care Unit</li> </ul> </li> </ul>
• 06/2004	<b>Bachelor of Science</b> in Nursing
Lowell, MA	University of Massachusetts - Lowell

## **Graduate School Clinical Rotations**

- Lawrence Catholic Academy-School Based Health (2019)
- Andover Obstetrics and Gynecology-Women's Health (2019)
- Lawrence General Hospital-Intensive Care Unit (2019)
- Lahey Hospital and Medical Center-Preoperative Center (2019)
- Middleton Family Medicine-Primary Care (2018)
- Lahey Hospital and Medical Center-Neurosurgery clinic (2018)

#### Certifications

- AHA Healthcare Provider CPR Certification
- Advanced Cardiac Life Support (ACLS)
- Pediatric Advanced Life Support (PALS)
- American Academy of Nurse Practitioners Board Certified
- Advanced Practice Registered Nurse in State of Massachusetts
- Advanced Practice Registered Nurse in State of New Hampshire

### **Memberships**

Massachusetts Nurses Association American Academy of Nurse Practitioners