

Jacquelin Meno Gouniai, PsyD, LPC

EDUCATIONAL BACKGROUND

PsyD in Psychology
Graduated December 2019

California Southern University, Irvine, California

MS in Clinical Psychology
Graduated May 2013

University of Guam, Mangilao, Guam

BA in Business Administration
Graduated May 2010

University of Guam, Mangilao, Guam

TEACHING EXPERIENCE

Psychology Adjunct Professor
(Fall 2016 – Current)

University of Guam, Mangilao, Guam
Course: taught: PY100 *Personal Adjustment*; PY394
Psychology of Human Sexuality; PY521 *Clinical*
Assessment I: Adult (sub)

Psychology Teaching Assistant
(Fall 2013, Spring 2015-2019)

University of Guam, Mangilao, Guam
Courses taught: PY413 *Research Methodology in*
Behavioral Sciences; PY455 *Psychology of Women*;
PY512 *Research Methodology II: Statistics*

POST-GRADUATE CLINICAL TRAINING

Postdoctoral Fellow
(August 2020 – Current)

Clearview Horizons, Andover, Massachusetts
Supervisor: Kimberly Glazier Leonte, PhD
Providing individual tele-therapy for children, adolescents,
and adults struggling with OCD, anxiety, perfectionism,
and/or depression. Facilitate a tele-therapy OCD Exposure
Group, to provide a supportive and motivating environment
to help clients engage in exposure and response prevention
(ERP) in a group format.

Counselor
(November 2014 – June 2016)

International Behavioral Health, Tamuning, Guam
Supervisor: Crystal Smith, LCSW
Developed treatment plans and conducted individual
therapy with children, adolescents, and adults focusing on
Cognitive Behavioral Therapy and Acceptance and
Commitment Therapy.

GRADUATE CLINICAL TRAINING

Graduate student intern
(January 2012 – August 2012)

Oasis Empowerment Center, Tamuning, Guam
Supervisor: Rob Zimmerman, LPC
Facilitated group and individual therapies with in-patient substance abuse clients; developed treatment plans and completed progress reports; organized activities to increase clients' knowledge regarding health and wellness; conducted group therapy with the in-patients' children to increase their understanding and knowledge of substance abuse and its consequences.

Graduate student intern
(August 2011 – December 2011)

Center for Play Therapy, Tamuning, Guam
Supervisor: Dr. Mary Fegurgur, LCSW
Conducted individual therapy with clients specifically using Structural Family Therapy and play therapy techniques; conducted intakes, developed treatment plans, and completed progress reports; administered assessments such as the Achenbach's Youth Self-Report (YSR), Achenbach's Child Behavioral Checklist (CBCL), Children's Depression Inventory-Shortened Version (CDI-S), and Multidimensional Anxiety Scale for Children (MASC).

Graduate student intern
(June 2011 – August 2011)

Latte Treatment Center, Tamuning, Guam
Supervisor: Dr. Mary Fegurgur, LCSW
Conducted individual and group therapy with in-patient adolescents with moderate to severe psychological conditions using Cognitive Behavioral Therapy and Social Skills Training; developed treatment plans and completed progress reports; organized activities to increase clients' social skills; organized activities to empower clients and caregivers to establish effective relationships with each other and larger social systems.

Graduate student intern
(January 2011 – May 2011)

Isa Psychological Services Center, Mangilao, Guam
Supervisor: Dr. Rita Sharma
Conducted individual and group therapy with children and adolescents using Cognitive Behavioral Therapy and play therapy techniques; conducted intakes and developed treatment plans; administered assessments such as the Achenbach's Youth Self-Report (YSR), Achenbach's Child Behavioral Checklist (CBCL), Children's Depression Inventory-Shortened Version (CDI-S), and Multidimensional Anxiety Scale for Children (MASC).

Graduate student intern
(August 2010 – December 2010)

Isa Psychological Services Center, Mangilao, Guam
Supervisor: Dr. Rita Sharma
Conducted individual therapy with clients using Cognitive Behavioral Therapy; conducted intakes, developed treatment plans, and completed progress reports; utilized assessments such as Beck Depression Inventory (BDI), Beck Anxiety Inventory (BAI), Symptoms Check List-90 (SCL-90), and Millon College Counseling Inventory (MCCI)

AWARDS

University of Guam College of Liberal Arts and Social Sciences Excellence in Part-time Teaching Award recipient (2020)

Peace of Mind Foundation Scholarship recipient (2019)

Rehabilitation Research and Training Center on Research and Capacity Building for Minority Entities research stipend recipient (2019)

Jesus A. Torres Professional Technical Award recipient (2015)

University of Guam College of Liberal Arts and Social Sciences Undergraduate Travel Grant recipient (2013) to present at the Asian Association of Social Psychology Conference in Yogyakarta, Indonesia

University of Guam College of Liberal Arts and Social Sciences Outstanding Graduate Student of the Year Award recipient (2012)

University of Guam College of Liberal Arts and Social Sciences Graduate Travel Grant recipient (2011) to present at the International Association of Cross-Cultural Psychology Conference in Istanbul, Turkey

University of Guam College of Liberal Arts and Social Sciences Undergraduate Travel Grant recipient (2010) to present at the International Association of Cross-Cultural Psychology Conference in Melbourne, Australia

University of Guam Regent's Scholarship recipient (2009)

PROFESSIONAL WORKSHOPS/PRESENTATIONS

Gouniai, J. (2019). *Treating Pathological Anxiety with Exposure and Response Prevention: What it is, How it Works, and Why Clinicians Shouldn't Shy Away from Using it*. Presented for the Guam Association of Individual, Marriage and Family Therapists, University of Guam.

Gouniai, J. (2019) *Overcoming Fears by Facing Them: The Use of Exposure and Response Prevention in the Treatment of Anxiety-based Disorders*. Presented for the Guam Association of Individual, Marriage and Family Therapists, University of Guam.

RESEARCH PRESENTATIONS

Gouniai, J., & Turk-Smith, S. (2013). *Does Acculturation Define Well-being?: A Prototype Analysis of Psychological Well-being from the Chamorro and Filipino Students' Perspective*. Poster accepted at the 10th Biennial Asian Association of Social Psychology Conference, Yogyakarta, Indonesia.

Gouniai, J., & Turk-Smith, S. (2013). *Does Acculturation Define Well-being?: A Prototype Analysis of Psychological Well-being from the Chamorro and Filipino Students' Perspective*. Presented at the 33rd Annual College of Liberal Arts and Social Sciences Research Conference, University of Guam, Mangilao, Guam.

Gouniai, J., & Turk-Smith, S. (2011). *Perspectives on Psychological Well-being: Cross-cultural Views of Chamorro and Filipino Students on Guam*. Poster presented at the 21st Congress of the International Association of Cross Cultural Psychology Conference, Istanbul, Turkey.

Gouniai, J., & Turk-Smith, S. (2010). *Heritage Language Fluency in Second Generation Japanese Immigrants on Guam*. Poster presented at the 20th Congress of the International Association of Cross Cultural Psychology Conference, Melbourne, Australia.

Gouniai, J., & Turk-Smith, S. (2010). *Heritage Language Fluency in Second Generation Japanese Immigrants on Guam*. 31st Annual College of Liberal Arts and Social Sciences Research Conference, University of Guam, Mangilao, Guam.

PUBLICATIONS

Gouniai, J., Smith, K., & Leonte, K. (2020). *Do Clergy Recognize and Respond Appropriately to the Many Themes in Obsessive-compulsive Disorder?: Data from a Pacific Island Community*. Manuscript submitted for publication.

PROFESSIONAL MEMBERSHIP

Guam Association of Individual, Marriage and Family Therapists (GAIMFT), professional member (2015 – Current)

International OCD Foundation (IOCDF), professional member (2019 – Current)

COMPUTER SKILLS

Proficient in Microsoft Word, Excel, and PowerPoint

Proficient in Statistical Package for the Social Sciences (SPSS) software

LANGUAGE SKILLS

Fluent in English and Japanese