

Curriculum Vitae

Janelle Alabiso

EDUCATION

- PhD, Northeastern University** **September 2014-May 2020 (expected)**
Bouvé College of Health Sciences
Department of Applied Psychology
Major: Counseling Psychology
Dissertation Title: Factors that Inhibit or Promote Discussion of Substance Use Between Providers and Their Patients
Committee Chair: Dr. Rachel Rodgers
Committee: Dr. Christie Rizzo and Dr. William Sanchez
- MA, Boston College** **September 2010-May 2012**
Lynch School of Education
Department of Counseling, Developmental, and Educational Psychology
Major: Counseling Psychology
- BA, Boston University** **September 2004-January 2008**
College of Arts and Sciences
Major: Psychology
Minor: English
(Cum Laude)

CLINICAL EXPERIENCE

- Doctoral Advanced Fieldwork Student** **August 2017-present**
McLean Anxiety Mastery Program
Cambridge, MA
Supervisor: Jacqueline Sperling, Ph.D.
- Conduct individual treatment for children and adolescents ages 7 to 19 with social anxiety, specific phobias, panic attacks, separation anxiety, agoraphobia, and obsessions and compulsions
 - Conduct group treatment using cognitive-behavioral therapy and exposure and response prevention
 - Participate in Rounds and didactic seminars with an interdisciplinary team
- Doctoral Advanced Fieldwork Student** **September 2016-May 2017**
McLean Franciscan Child & Adolescent Inpatient Mental Health Program
Brighton, MA
Supervisor: Kristina Shapiro, Ph.D. (maiden name: Ten Haagan)
- Conducted individual treatment for children and adolescents on a locked, inpatient unit with various diagnoses including bipolar disorder, psychosis, severe depression, suicidal ideation and self-injurious behaviors
 - Conducted group treatment for all patients on the unit
 - Participated in Rounds with the interdisciplinary team that included psychologists, psychiatrists, social workers, nurses, and mental health specialists
 - Participated in family meetings for patients on the unit

Behavioral Health Clinician (Per Diem)
South End Community Health Center
Boston, MA

**June 2016-August 2016;
June 2017-present**

- Conduct individual therapy for adolescents and adults who identify primarily as minority and low income and have various diagnosis including posttraumatic stress disorder, substance use disorder, bipolar disorder, schizoaffective disorder, anxiety and depression

Doctoral Advanced Fieldwork Student
South End Community Health Center
Boston, MA

September 2015-June 2016

Supervisor: Laurie Goldman, RN, BSN, PsyD

- Conducted individual therapy for adolescents and adults who identify primarily as minority and low income and have various diagnosis including posttraumatic stress disorder, substance use disorder, bipolar disorder, schizoaffective disorder, anxiety and depression
- Collaborated with other departments within the health center to ensure continuity of care for patients
- Delivered integrated behavioral health (IBH) services by providing brief interventions and coordinating necessary referrals for patients referred to IBH by other departments in the health center
- Analyzed patient data from the IBH program to ensure the program is running smoothly and is responding to patient referrals and patient needs in an efficient manner
- Conducted a substance use group for adult patients in the health center

Master's Level Guidance Intern
Billerica Memorial High School
Billerica, MA

January 2011-June 2012

- Assisted students with college/career planning and met with admissions representatives from various colleges to connect them with prospective students
- Conducted individual counseling with students and co-led group counseling sessions for students on Individualized Education Plans (IEPs)
- Participated in IEP/504 and Student Assistance Team meetings and managed students' class schedules to ensure they were meeting graduation requirements
- Assisted in organizing peer mediation, participated in the school-wide anti-bullying campaign, and organized a career fair for juniors and seniors
- Consulted with teachers and administration as well as community agencies to connect students with the services they needed to be successful in school

Master's Level Practicum Student
Agassiz Elementary School
Jamaica Plain, MA

September 2010-December 2010

- Evaluated student performance and analyzed testing data to determine class placements for students
- Assisted with delivering the guidance curriculum
- Observed students in special education classes and participated in IEP meetings

Residential Counselor
Justice Resource Institute
Walden Street School, Concord, MA

Summer 2007

- Counseled adolescent females ages 12-22 with educational, emotional, and behavioral difficulties including depression, anxiety, mood disorders, and PTSD symptoms
- Assisted with activities of daily living and ensured the girls were attending and being successful in school
- Provided one-on-one counseling and participated in treatment planning and evaluation

LICENSURE

School Guidance Counselor (grades 5-12), Initial, License# 466234, April 2013

The Commonwealth of Massachusetts Department of Elementary & Secondary Education

RESEARCH EXPERIENCE

Graduate Research Assistant

September 2014-April 2018

Motivational Interviewing Health Disparities Research Lab

Northeastern University

Boston, MA

Mentor: Christina Lee, PhD

- NIAAA funded clinical trial, “Culturally tailored motivational interviewing for hazardous drinking Latinos”
- Entered and cleaned data and coded motivational interviewing (MI) sessions on treatment fidelity
- Transcribed MI tapes
- Worked as part of an interdisciplinary care team to conduct practice based research measuring quality assurance metrics
- Collected and analyzed data from a patient satisfaction survey for integrated care
- Collected and analyzed tracking and outcome data for patients in integrated care
- Prepared manuscripts and poster presentations

Research Associate

January 2013-August 2014

U.S. Department of Veterans Affairs

New England Mental Illness Research, Education and Clinical Center (MIRECC)

Edith Nourse Rogers Memorial Veterans Hospital

Bedford, MA

Grants Include:

- NIDA funded study, “Enhancing Early-Phase Care for Primary Care Patients with Unhealthy Substance Use” (Pilot) (Charles Drebing, PhD, Principal Investigator)
 - Interviewed and liaised with primary care staff and developed innovative ways to promote recruitment in a setting unfamiliar with research
 - Conducted diagnostic and baseline interviews with participants using validated diagnostic tools and implemented study intervention for randomized controlled trial using contingency management
- Bristol-Myers Squibb Foundation grant for The Intimate Partner Violence (IPV) Prevention Program (Rachel Latta, PhD, Principal Investigator)
 - Managed administrative tasks for the Safing Center, an outpatient clinic that provides a holistic, recovery-oriented, Veteran-centered approach to helping Veterans establish and maintain safety in their relationships

- Managed social marketing efforts to raise awareness about IPV within the VA community and developed fact sheets containing referral information for those at risk for IPV
- Contributed to developing a measure that screens those at highest risk for IPV as well as entering and analyzing data from that measure

Transcriptionist

April 2009- present

Boston University School of Social Work
Boston, MA

- Transcribe interviews for the dissertations of doctoral students and for projects within the School of Social Work
- Analyze the qualitative data and identify common themes within the transcripts

Technical Writer

September 2012-December 2012

- Wrote daily articles related to asthma and the use of inhalers for use-inhaler.com website
- Educated individuals in the importance of medication management and medication adherence
- Provided information on the proper techniques of using inhalers and on inhaler side effects

Consultant

May 2010- November 2012

BG Medicine
Waltham, MA

- Acted as a liaison between the database managers and the clinical team to ensure that methods to resolve data were consistent with clinical and regulatory approved methods to follow The Health Insurance Portability and Accountability Act (HIPAA) and Good Clinical Practice (GCP) for studies related to heart health
- Ensured that data corrections were consistent with data collected at sites and with data extraction methods used by the data manager
- Assisted the data manager in reconciling data from the medical charts to the database and with verifying outliers, informed consents, and performing quality control

Clinical Research Assistant

August 2009-August 2011

Massachusetts General Hospital
Psychiatric and Neurodevelopmental Genetics Unit
Boston, MA

Principal Investigator: Jeremiah Scharf, MD, PhD

- Assisted with recruitment, data collection, and data entry and analysis for various studies of children and adults with Tourette Syndrome (TS), Obsessive Compulsive Disorder (OCD), and Attention Deficit Hyperactivity Disorder (ADHD)
- Cleaned and analyzed tic, OCD, and ADHD individual symptom data on over 1000 TS subjects
- Coordinated the submission and processing of incoming phenotypic data for a cohort of 1100 individuals from around the world whose DNA are being submitted for a replication genomewide association study of TS
- Assisted in a weekly TS clinic where children and adults were being treated for TS and related comorbidities and provided information and referrals for individual treatment
- Prepared various manuscripts and presentations

Project Coordinator

January 2008-July 2009

Compulsive Hoarding Research Project
Boston University, Boston, MA

Grants Include: NIMH funded grant on Psychopathology of Compulsive Hoarding

Principal Investigator: Gail Steketee, PhD

- Oversaw many aspects of the project including submitting documentation to the Internal Review Board, processing expenses for study related tasks, training research volunteers, and preparing various manuscripts and presentations
- Recruited and ran participants and entered, checked, and managed study data
- Conducted diagnostic interviews using the Anxiety Disorders Interview Schedule for the DSM-IV (ADIS-IV) and the Structured Clinical Interview for DSM-IV (SCID-II)
- Conducted home visits for individuals suffering from severe compulsive hoarding and provided information and referrals for individual treatment
- Consulted with other universities on therapy adherence based on an established treatment manual developed by the research team
- Coded and analyzed data on animal hoarding that led to a publication

Research Assistant

September 2006-December 2007

Compulsive Hoarding Research Project

Boston University, Boston, MA

Principal Investigator: Gail Steketee, PhD

- Assisted with data entry, checking and analysis for various projects
- Evaluated therapy adherence by coding and analyzing taped CBT sessions
- Helped to revise the *Compulsive Hoarding and Acquiring* treatment manual

RESEARCH CERTIFICATIONS

Collaborative Institutional Training Initiative (CITI) Social and Behavioral Responsible Conduct of Research (2009- present)

Protecting Human Research Participants, NIH Office of Extramural Research (May 2014-present)

TEACHING EXPERIENCE

Teaching Assistant

Summer 2015, Spring 2016, Spring 2018

Substance Use and Treatment (CAEP 6375)

Master's and Doctoral level course

Instructor: Christina Lee, PhD

Northeastern University, Bouvé College of Health Sciences, Department of Applied Psychology

- Assisted in preparing PowerPoint presentations and online lectures using Storyline
- Conducted in-class lectures on selected topics
- Prepared and graded quizzes
- Managed Blackboard website and facilitated online discussion boards

Teaching Assistant

Fall 2015, Fall 2016, Fall 2017

Motivational Interviewing in Healthcare Settings (CAEP 5200)

Master's and Doctoral level course

Instructor: Christina Lee, PhD

Northeastern University, Bouvé College of Health Sciences, Department of Applied Psychology

- Assisted in preparing PowerPoint presentations
- Prepared and graded quizzes
- Managed Blackboard website

PUBLICATIONS

- Lee, C.S., Shiyko, M.P., **Alabiso, J.**, Tavares, T., Goldman, L., Walden, R., & Simpson, D. (manuscript in review). Predictors of Patient Satisfaction with Community-Based Integrated Behavioral Health Care Among Spanish and non-Spanish Speaking Patients.
- Scharf, J.M., Miller, LL., Gauvin, C.A., **Alabiso, J.**, Mathews, C.A., & Ben-Shlomo, Y. (2015). Population prevalence of Tourette Syndrome: A systematic review and meta-analysis. *Movement Disorders*. 30(2), 221-228. doi: 10.1002/mds.26089
- Steketee, G., Gibson, A., Frost, R.O., **Alabiso, J.**, Arluke, A., Patronek, G., and the Hoarding of Animals Research Consortium (HARC). (2011). Characteristics and antecedents of people who hoard animals: An exploratory comparative interview study. *Review of General Psychology*. 15(2), 114-124.

CONFERENCE PRESENTATIONS

- Alabiso, J.**, Dishy G., Tavares, T., Cox, K., Nicholls, M., Davis, E., & Lee, C.S. (2017, August). Barriers and facilitators to implementing supportive suboxone services in an integrated care setting. Poster session presented at the annual convention of the American Psychological Association, Washington, D.C. **Poster selected for oral presentation at the Division 50 meeting**
- Lee, C.S., **Alabiso, J.**, Roberts, E. & Stone, D.G. (2015, August). Establishing and conducting practice based research in community primary care. Roundtable given at the American Psychological Association Annual Convention, Toronto, Canada.
- Alabiso, J.**, Lee, C.S. & Tavares, T. (2015, April). Patient satisfaction surveys in integrated care settings. Poster session presented at the 4th annual meeting of the Research, Innovation, and Scholarship Expo, The Northeastern University Center for Research Innovation, Boston, MA.
- Tavares, T., **Alabiso, J.**, Roberts, E., Collins, M., & Lee, C.S. (2015, April). Barriers to treatment initiation and adherence for HIV positive people: a qualitative approach. Poster session presented at the 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX, *Annals of Behavioral Medicine*, 49, Suppl 1, p.S14.
- Rasmussen, J.L., Steketee, G., Frost, R.O., Tolin, D.F., Bratnietis, C. & **Alabiso, J.** (2009, November). Assessing Activities of Daily Living in Adults with Hoarding. Poster session presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Steketee, G., **Alabiso, J.**, Frost, R. O., Gibson, A., & Hoarding of Animals Research Consortium (2009, August). Characteristics and Antecedents of Animal Hoarding: A Comparative Interview Study. Poster session presented at the 16th annual meeting of the Obsessive Compulsive Foundation, Minneapolis, Minnesota.
- Steketee, G., Gibson, A., Frost, R.O., **Alabiso, J.**, & Hoarding of Animals Research Consortium (2008, November). Antecedents of Animal Hoarding versus Animal

Collecting: A Qualitative Analysis. Poster session presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

OTHER PRESENTATIONS

Tavares, T., **Alabiso, J.** & Lee, C.S (2015, December). Assessing & Treating Substance Abuse: Evidence Based Practices. Presentation given to South End Community Health Center behavioral health interns and staff, Boston, MA.

Tavares, T., Lee, C.S., & Alabiso, J. (2015, April). Evidence-based assessment & intervention for substance abuse. Presentation given to South End Community Health Center behavioral health interns and staff, Boston, MA.

Alabiso, J. (2013, July). Substance abuse and intimate partner violence. Presentation given to Bedford VAMC Safing Center staff members, Bedford, MA.

PROFESSIONAL ORGANIZATIONS

American Psychological Association (APA) **July 2014-present**

- Division 50 Society of Addiction Psychology, Student member
- Division 17 Society of Counseling Psychology, Student member
- Division 17 Health Psychology, **Student Representative**

Society of Behavioral Medicine (SBM) **February 2015-present**
Student Member

Massachusetts School Counselors Association (MASCA) **December 2010-present**

Psi Chi, The National Honor Society in Psychology **February 2007-present**

Undergraduate Psychology Association at Boston University **September 2005-January 2008**

Sigma Alpha Lambda National Leadership and Honor Society **September 2005-present**

HONORS/AWARDS

Stipended Graduate Research Assistantship (SGA) **September 2014-May 2017**
Northeastern University, Boston, MA

- Three-year award that covers tuition and health insurance with a stipend

**Graduate Student Government
Individual Conference Funding Award** **Spring 2015, Summer 2015, Summer 2017**
Northeastern University, Boston, MA

Dean's Scholarship, Boston College **2010-2011 Academic Year**

Dean's List, Boston University, 3 semesters