

Holly Harmon, LICSW
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LICENSURE: **Massachusetts – LICSW**
License No: 116604
Expiration: 10/01/2018

EDUCATION: **Boston University**, Boston, MA
Masters in Social Work degree, May 2009
Major: **Social Work**
Cumulative G.P.A: 3.89

University of Massachusetts – Lowell, Lowell, MA
Bachelor of Arts degree, June 2005
Major: **Psychology**
Cumulative G.P.A: 3.42

Andover High School – Andover, MA
High School Diploma, May 2001

EXPERIENCE: **Holly Harmon, LICSW LLC**, Andover, MA
Owner, January 2014 – Present

- Specializing in the treatment of eating disorders using a multidisciplinary and collaborative approach
- Provides individual, group and couples therapy
- Supervises graduate level social workers
- Public speaker for colleges and professionals interested in advanced eating disorders studies

Comprehensive Psychiatric Resources, Waltham, MA
Director of Clinical Services, September 2010 – January 2014

- Provided psychiatric evaluations, individual, couples, family and group therapy for clients struggling with eating disorders, Obsessive Compulsive Disorder (OCD) and anxiety.
- Developed eating disorder protocol for outpatient treatment using a multi-disciplinary treatment team.
- Assisted James Greenblatt, MD, author of “Answers to Anorexia” and “The Breakthrough Depression Solution” with clinical presentations for professional development throughout the United States and Canada.
- Supervised clinicians and office staff

Multi-service Eating Disorders Association, Newton, MA
Director of Education & Outreach, August 2008 –September 2010

- Developed and presented educational presentations on prevention and treatment of eating disorders to various college universities and high schools
- Provided weekly supervision to undergraduate interns
- Created monthly company newsletter and coordinated articles pertaining to research and current events
- Organized and executed successful events for National Eating Disorders Awareness Week
- Assisted with organization of the National Eating Disorders Conference

Center for Family Development, Lowell, MA
Social Work Intern, May 2008 –May 2009
Social Worker, May 2009 – July 2010

- Provided individual treatment to clients with various Axis I and comorbid disorders
- Set up outpatient treatment teams to treat the complexity of individual disorders
- Conducted assessments, delivered treatment plans and presented clinical cases

Walden Behavioral Care, Waltham, MA
Primary Mental Health Counselor and Clinical Group Leader,
July 2005- April 2009

- Counseled clients whom have eating disorders on both inpatient and residential levels of care
- Managed milieu and guiding residents in daily tasks to create structure
- Conducted groups on Psycho-Education, Cognitive Behavioral Therapy and Meal Planning
- Collaborated with Program Director, Clinical Case Manager, and M.D. during Clinical Rounds to best establish Treatment Team goals and provisions
- Orientated new residents to the program and assisted them with legal documentation
- Performed safety assessments when residents become unstable

Lawrence Public Schools – School of Exceptional Studies,
Lawrence, MA

School Counselor Intern, September 2007 – May 2008

- Facilitated social skills groups to sixth grade students
- Worked individually with students with diagnoses ranging from bipolar disorder, aspergers, autism and PTSD
- Participated in Individual Education Plan (IEP) meetings
- Worked with outpatient providers to provide a continuum of care
- Met with families to discuss individual needs of students

RESEARCH:

Overview of Census and Acuity for August 2006- November 2007
Walden Behavioral Care – Winter 2006

- Assisted Amy Hurwitz, LICSW, in collecting data to examine acuity of clients within the residential level of care.
- Documented Axis I – V Diagnosis as well as medication regimen while in the treatment of Walden Behavioral Care

Research III, Dr. Alyssa McCabe

University of Massachusetts – Lowell, Fall 2004

“Does Early Childhood Experience and Peer Related Issues Correlate to the Development of Eating Disorders?”

- Designed research experiment to explore the etiology of eating disorders
- Planned visits to college campuses to collect narratives from women who were battling eating disorders
- Completed research showing statistical significance
- Organized data using SPSS to show statistical findings

TRAINING:

Intensive workshop in Rational Emotive Behavioral Therapy,
Dr. Albert Ellis, Albert Ellis Institute – New York, NY April 2005

CERTIFICATION:

Transcranial Magnetic Stimulation (TMS) Therapy Certified -2011